

**Result List MF**

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
HLC											
Female											
1.	273	Andrea Lodder	Doetinchem	-1	f	2	3:09:28	22:09	3:31:37.549	-	31.18
2.	286	Linda Eisen	Nijmegen	-1	f	2	3:12:18	23:21	3:35:40.879	+04:03.33	30.60
3.	274	Lisette Jacobs	Arnhem	42	f	2	3:12:18	23:25	3:35:44.151	+04:06.60	30.59
4.	287	Mieke van Kuijt	Harmelen	-1	f	2	3:14:20	25:20	3:39:41.105	+08:03.55	30.04
5.	282	Clasien van der	Leeuwarden	54	f	2	3:14:40	25:56	3:40:37.721	+09:00.17	29.91
6.	276	Marinette Oomen	Bavel	43	f	2	3:15:29	27:28	3:42:57.908	+11:20.35	29.60
7.	281	Maartje Verhagen	Deventer	31	f	2	3:16:39	27:23	3:44:03.190	+12:25.64	29.45
8.	275	Mirjam Wiersma	Beltrum	43	f	2	3:17:49	29:03	3:46:53.313	+15:15.76	29.08
9.	277	Jenneke Hugging	Hilversum	58	f	2	3:21:55	30:16	3:52:11.832	+20:34.28	28.42
10.	285	Naomi van Hierden	Uift	-1	f	2	3:21:13	32:54	3:54:07.508	+22:29.95	28.19
11.	278	Margriet	Burgh-Haamste	59	f	2	3:24:15	30:37	3:54:52.671	+23:15.12	28.09
DNF	283	Hannah Sluis	Amsterdam	41	f	0			DNF		
DNF	284	Francis keizer	Doetinchem	-1	f	0			DNF		
DNS	279	Colinda Jansen	Harderwijk	50	f	0			DNS		
DNS	280	Mo Tiel	Nijmegen	56	f	0			DNS		

**Male**

1.	151	Wouter Hendriksen	Varsseveld	-1	m	2	3:07:22	19:04	3:26:27.795	-	31.96
2.	160	Wouter van de	Lobith	15	m	2	3:07:23	19:06	3:26:29.193	+00:01.39	31.96
3.	137	Livay Schotten	Doesburg	17	m	2	3:07:23	19:05	3:26:29.400	+00:01.60	31.96
4.	20	Ruud Grandia	Doetinchem	30	m	2	3:07:24	19:04	3:26:29.412	+00:01.61	31.96
5.	130	Stanley Alards	Arnhem	46	m	2	3:07:21	19:07	3:26:29.491	+00:01.69	31.96
6.	64	Robin Hink	Vijfhuizen	35	m	2	3:07:25	19:04	3:26:29.764	+00:01.96	31.96
7.	182	Gijs Leemreize	Ruurlo	17	m	2	3:07:24	19:05	3:26:29.800	+00:02.00	31.96
8.	206	Jan Sachtleven	Den Haag	-1	m	2	3:07:24	19:05	3:26:30.364	+00:02.56	31.96
9.	222	Jeroen Jansman	Oosterbeek	-1	m	2	3:07:23	19:06	3:26:30.584	+00:02.78	31.95
10.	240	Jos Kaal	kleve	-1	m	2	3:07:24	19:07	3:26:31.015	+00:03.22	31.95
11.	213	Hans Vonk	Arnhem	-1	m	2	3:07:22	19:09	3:26:31.859	+00:04.06	31.95
12.	227	Gerjo Berentschot	Zelhem	-1	m	2	3:07:21	19:10	3:26:32.064	+00:04.26	31.95
13.	79	Tim Koote	Groningen	30	m	2	3:07:21	19:11	3:26:33.224	+00:05.42	31.95
14.	223	Edwin Hulsink	Lemelerveld	-1	m	2	3:07:25	19:07	3:26:33.339	+00:05.54	31.95
15.	138	Tim Arts	Zevenaar	18	m	2	3:07:24	19:10	3:26:34.981	+00:07.18	31.94
16.	141	Gerard Bos	Ermelo	49	m	2	3:07:24	19:10	3:26:34.984	+00:07.18	31.94
17.	161	Remi Rondeel	Zelhem	27	m	2	3:07:23	19:11	3:26:35.001	+00:07.20	31.94
18.	97	Nick Nieuwenhuis	Arnhem	22	m	2	3:07:23	19:11	3:26:35.046	+00:07.25	31.94
19.	78	Jentje Huntink	Drempt	18	m	2	3:07:24	19:11	3:26:35.283	+00:07.48	31.94
20.	239	Joost Hortstink	Zevenaar	-1	m	2	3:07:23	19:12	3:26:35.363	+00:07.56	31.94
21.	215	Ron Buijtenhuijs	Arnhem	-1	m	2	3:07:23	19:11	3:26:35.447	+00:07.65	31.94
22.	154	Peter Kraaijvanger	Zevenaar	-1	m	2	3:07:24	19:11	3:26:35.605	+00:07.81	31.94
23.	152	Pascal Wesselink	Oosterbeek	-1	m	2	3:07:24	19:11	3:26:36.021	+00:08.22	31.94
24.	225	Chiem Vinkenvleugel	Uift	-1	m	2	3:07:24	19:11	3:26:36.069	+00:08.27	31.94
25.	221	Twan Zwartiens	Olst	-1	m	2	3:07:25	19:11	3:26:36.824	+00:09.02	31.94

# 21e Henk Lubberding Classic

**21ste HENK  
LUBBERDING  
CLASSIC**

## Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
26.	179	Sjef Schellekens	Boxtel	25	m	2	3:07:24	19:12	3:26:37.604	+00:09.80	31.94
27.	224	Niek Overkamp	Zwolle	-1	m	2	3:07:25	19:11	3:26:37.643	+00:09.84	31.94
28.	207	Niek te Veldhuis	Warnsveld	-1	m	2	3:07:25	19:12	3:26:37.823	+00:10.02	31.94
29.	244	Loek Geelen	Lonneker	-1	m	2	3:07:25	19:12	3:26:37.906	+00:10.11	31.94
30.	94	Dennis Huizinga	Arnhem	28	m	2	3:07:24	19:13	3:26:38.477	+00:10.68	31.93
31.	107	Joris Swaak	Zwolle	33	m	2	3:07:25	19:13	3:26:38.718	+00:10.92	31.93
32.	48	Joost Reintjes	Didam	18	m	2	3:07:25	19:14	3:26:39.623	+00:11.82	31.93
33.	196	Sam Looman	s-Heerenberg	-1	m	2	3:07:22	19:18	3:26:40.516	+00:12.72	31.93
34.	165	Yannick Runhart	Apeldoorn	23	m	2	3:07:23	19:21	3:26:45.279	+00:17.48	31.92
35.	195	Nick Meijer	Zeddum	-1	m	2	3:06:49	20:15	3:27:04.885	+00:37.09	31.87
36.	238	Ralf Scholten	Netterden	-1	m	2	3:07:22	19:56	3:27:19.226	+00:51.43	31.83
37.	14	Dennis Doens	Oostburg	40	m	2	3:07:25	20:07	3:27:32.828	+01:05.03	31.80
38.	187	Wesley Pieterse	Arnhem	30	m	2	3:07:24	20:11	3:27:35.300	+01:07.50	31.79
39.	139	Kevin Kuiperij	Arnhem	30	m	2	3:07:22	20:13	3:27:36.108	+01:08.31	31.79
40.	175	Jeffrey van Henten	Zevenaar	31	m	2	3:07:24	20:22	3:27:47.139	+01:19.34	31.76
41.	84	Lars van Velthoven	Arnhem	25	m	2	3:07:22	20:56	3:28:19.410	+01:51.61	31.68
42.	211	Rik van Dijk	s-Heerenberg	-1	m	2	3:07:23	22:13	3:29:37.225	+03:09.43	31.48
43.	185	Luuk Driever	Uift	30	m	2	3:08:18	21:43	3:30:01.128	+03:33.33	31.42
44.	163	Alain Roedoe	Nijmegen	38	m	2	3:08:16	21:45	3:30:02.223	+03:34.42	31.42
45.	171	Thomas van Asselt	Didam	16	m	2	3:08:17	21:44	3:30:02.383	+03:34.58	31.42
46.	116	Leo van der Velde	Hellevoetsluis	50	m	2	3:08:18	21:44	3:30:03.356	+03:35.56	31.42
47.	46	Daan Feijen	Zeddum	30	m	2	3:08:17	21:46	3:30:03.358	+03:35.56	31.42
48.	69	Jeroen Latour	Apeldoorn	36	m	2	3:08:16	21:47	3:30:03.496	+03:35.70	31.41
49.	115	Ivo Leijser	Huissen	30	m	2	3:08:17	21:47	3:30:04.174	+03:36.37	31.41
50.	199	Hans Wisselink	Westendorp	-1	m	2	3:08:17	21:46	3:30:04.518	+03:36.72	31.41
51.	242	Kevin van den	Spijkensisse	-1	m	2	3:08:18	21:49	3:30:07.261	+03:39.46	31.41
52.	70	Michiel Borst	Apeldoorn	38	m	2	3:08:17	21:53	3:30:10.303	+03:42.50	31.40
53.	181	Dirk Dekker	Fluittberg	51	m	2	3:08:18	21:53	3:30:12.425	+03:44.63	31.39
54.	220	Tim Jansen	Rheden	-1	m	2	3:07:51	22:21	3:30:12.947	+03:45.15	31.39
55.	68	Maarten Vreuls	Utrecht	29	m	2	3:07:51	23:10	3:31:02.166	+04:34.37	31.27
56.	143	Frank Overgoor	s-Heerenberg	-1	m	2	3:09:12	22:15	3:31:28.214	+05:00.41	31.21
57.	193	Harry Fukkink	Aalten	43	m	2	3:10:00	21:27	3:31:28.372	+05:00.57	31.20
58.	91	Merlijn Spenkeliink	Arnhem	27	m	2	3:09:28	22:00	3:31:28.773	+05:00.97	31.20
59.	203	Marcel Jansen	Breedebroek	-1	m	2	3:10:00	21:28	3:31:28.774	+05:00.97	31.20
60.	170	Richard Rikken	Zeddum	47	m	2	3:09:13	22:15	3:31:28.890	+05:01.09	31.20
61.	148	Robbin Zwaan	Angerlo	24	m	2	3:09:13	22:15	3:31:29.292	+05:01.49	31.20
62.	168	Eric Nijkamp	Ruurlo	18	m	2	3:09:13	22:16	3:31:29.475	+05:01.68	31.20
63.	214	Robert-jan L6bken	Sinderen	-1	m	2	3:09:13	22:16	3:31:29.475	+05:01.68	31.20
64.	229	Klaus velden	Emmerich-Elten	-1	m	2	3:09:13	22:16	3:31:29.913	+05:02.11	31.20
65.	212	Bram Aalders	Uift	-1	m	2	3:09:13	22:16	3:31:30.493	+05:02.69	31.20
66.	113	Rob Mommer	Amsterdam	36	m	2	3:09:13	22:17	3:31:30.629	+05:02.83	31.20
67.	89	Pascal Boerkamp	Uift	44	m	2	3:09:01	22:28	3:31:30.630	+05:02.83	31.20
68.	159	Harm Giesen	Arnhem	27	m	2	3:09:13	22:17	3:31:30.913	+05:03.11	31.20
69.	40	Arjen Van Buuren	Almen	49	m	2	3:09:27	22:03	3:31:31.335	+05:03.54	31.20

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Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
70.	120	Christian Klawer	Doesburg	35	m	2	3:09:12	22:19	3:31:32.504	+05:04.70	31.19
71.	103	Jeroen Schwartz	Lettele	39	m	2	3:10:14	21:18	3:31:32.585	+05:04.79	31.19
72.	156	Max Ingendaa	Zevenaar	19	m	2	3:09:12	22:22	3:31:35.225	+05:07.43	31.19
73.	228	Ulli Rosendahl	Emmerich-Elten	-1	m	2	3:09:28	22:09	3:31:37.433	+05:09.63	31.18
74.	54	Fedor van Battum	Zevenaar	43	m	2	3:10:01	21:47	3:31:49.673	+05:21.87	31.15
75.	73	Patrick Willems	Arnhem	45	m	2	3:10:01	21:50	3:31:52.477	+05:24.68	31.15
76.	234	Joost Hieltjes	Doetinchem	-1	m	2	3:10:02	21:50	3:31:52.894	+05:25.09	31.14
77.	18	Joery Nijkamp	Zelhem	19	m	2	3:09:12	22:44	3:31:56.686	+05:28.89	31.14
78.	8	Wilfred Wijnveen	Dinxperlo	40	m	2	3:10:01	22:33	3:32:34.335	+06:06.54	31.04
79.	5	Tjerk Spexgoor	Lichtenvoorde	37	m	2	3:10:01	22:34	3:32:36.486	+06:08.69	31.04
80.	28	Maurits Geven	Arnhem	42	m	2	3:10:57	22:37	3:33:34.976	+07:07.18	30.90
81.	219	Marcel Ten Have	Doesburg	-1	m	2	3:11:00	22:35	3:33:35.871	+07:08.07	30.89
82.	98	Wilco Nieuwenhuis	Loil	53	m	2	3:10:59	22:37	3:33:36.614	+07:08.81	30.89
83.	164	Peter Lammers	Zaandam	62	m	2	3:10:58	22:37	3:33:36.896	+07:09.10	30.89
84.	172	Arnold Derksen	Zevenaar	39	m	2	3:10:57	22:39	3:33:37.017	+07:09.22	30.89
85.	205	Ronald Beekman	Apeldoorn	-1	m	2	3:10:59	22:37	3:33:37.471	+07:09.67	30.89
86.	166	Martin Rikken	Zeddam	53	m	2	3:10:59	22:38	3:33:37.857	+07:10.06	30.89
87.	1	Martin de Jong	Waalwijk	51	m	2	3:10:57	22:41	3:33:38.978	+07:11.18	30.89
88.	200	Dirk Jan Wever	Azewijn	-1	m	2	3:10:46	22:52	3:33:39.076	+07:11.28	30.89
89.	235	Tom Seesing	Doetinchem	-1	m	2	3:11:02	22:36	3:33:39.258	+07:11.46	30.89
90.	51	Wilco Teunissen	Arnhem	42	m	2	3:11:02	22:36	3:33:39.396	+07:11.60	30.89
91.	162	Mike Buurman	Arnhem	39	m	2	3:10:56	22:42	3:33:39.495	+07:11.70	30.89
92.	110	Robin Siebel	Dinxperlo	47	m	2	3:10:47	22:52	3:33:39.797	+07:12.00	30.88
93.	100	Rob Groenen	Nijmegen	55	m	2	3:10:59	22:40	3:33:39.994	+07:12.19	30.88
94.	232	Robert Willemsen	Wehl	-1	m	2	3:10:59	22:42	3:33:42.006	+07:14.21	30.88
95.	128	Jan Mars	Nootdorp	58	m	2	3:10:50	22:51	3:33:42.188	+07:14.39	30.88
96.	122	Koen Hieltjes	Doetinchem	30	m	2	3:10:43	22:59	3:33:42.507	+07:14.71	30.88
97.	38	Martin Nuninga	Sassenheim	37	m	2	3:11:00	22:43	3:33:44.323	+07:16.52	30.87
98.	210	Gerwin Bataaansen	Nijmegen	-1	m	2	3:10:58	22:46	3:33:44.834	+07:17.03	30.87
99.	192	Thijs Giesen	Drempt	30	m	2	3:11:00	22:55	3:33:55.774	+07:27.97	30.85
100.	186	Arnoud Vos	Zevenaar	50	m	2	3:10:58	23:11	3:34:10.560	+07:42.76	30.81
101.	157	Roberto Budano	Roggel	20	m	2	3:10:02	24:08	3:34:10.578	+07:42.78	30.81
102.	17	Ronny van Leen	Wierden	38	m	2	3:10:47	23:29	3:34:16.796	+07:49.00	30.80
103.	72	Remco Harmsen	Eerbeek	26	m	2	3:10:59	23:19	3:34:19.156	+07:51.36	30.79
104.	121	Marcel Vervelde	Doetinchem	38	m	2	3:10:59	23:25	3:34:24.437	+07:56.64	30.78
105.	102	Kevin Elbers	Uift	19	m	2	3:10:44	24:51	3:35:36.018	+09:08.22	30.61
106.	226	Koen Wiesma	Nijmegen	-1	m	2	3:12:19	23:17	3:35:36.492	+09:08.69	30.61
107.	92	Kay Berendsen	Doesburg	37	m	2	3:12:18	23:19	3:35:37.944	+09:10.14	30.60
108.	189	René Schooltink	Noordwijk Aan	40	m	2	3:12:14	23:24	3:35:38.871	+09:11.07	30.60
109.	106	Michel Hoek	Arnhem	41	m	2	3:12:19	23:21	3:35:41.279	+09:13.48	30.59
110.	87	Wout van Riesen	Doetinchem	25	m	2	3:12:18	23:22	3:35:41.649	+09:13.85	30.59
111.	65	Mathieu van	Nijmegen	42	m	2	3:12:12	23:29	3:35:42.022	+09:14.22	30.59
112.	237	Roel Eijkelkamp	Doetinchem	-1	m	2	3:12:18	23:23	3:35:42.106	+09:14.31	30.59
113.	47	Barry Obdam	Lisse	37	m	2	3:10:46	24:55	3:35:42.350	+09:14.55	30.59

# 21e Henk Lubberding Classic

**21ste HENK  
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Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
114.	2	Arno den Hollander	Amersfoort	57	m	2	3:12:17	23:25	3:35:42.946	+09:15.15	30.59
115.	135	Hans Brouwers	Zeddam	31	m	2	3:12:17	23:25	3:35:43.191	+09:15.39	30.59
116.	88	Clemens Versteegen	Bochum (D)	64	m	2	3:12:18	23:25	3:35:43.473	+09:15.67	30.59
117.	45	Twan Kroes	Lemelerveld	37	m	2	3:12:18	23:25	3:35:43.593	+09:15.79	30.59
118.	155	Niels Witjes	Doesburg	39	m	2	3:11:43	24:00	3:35:43.790	+09:15.99	30.59
119.	136	Bas Brouwers	Nijmegen	31	m	2	3:12:16	23:27	3:35:44.006	+09:16.21	30.59
120.	198	Ronnie Ebbing	s-Heerenberg	-1	m	2	3:12:18	23:25	3:35:44.291	+09:16.49	30.59
121.	85	Jordy Nijholt	Doetinchem	25	m	2	3:12:18	23:30	3:35:49.064	+09:21.26	30.58
122.	142	Arnold Roelofs	s-Heerenberg	-1	m	2	3:13:45	23:56	3:37:41.938	+11:14.14	30.31
123.	25	Paul Bosch	Arnhem	56	m	2	3:12:40	25:07	3:37:48.360	+11:20.56	30.30
124.	147	Dirk-Jan Schreurs	Doesburg	38	m	2	3:12:45	25:04	3:37:49.564	+11:21.76	30.29
125.	197	Chris Peters	s-Heerenberg	-1	m	2	3:12:44	25:04	3:37:49.640	+11:21.84	30.29
126.	16	Jens Ekelaar	Vlaardingen	57	m	2	3:12:44	25:09	3:37:54.405	+11:26.61	30.28
127.	11	Mark van Nimwegen	Boxtel	26	m	2	3:12:44	25:20	3:38:05.324	+11:37.52	30.26
128.	150	Jur Mourits	Halle	29	m	2	3:11:04	27:12	3:38:17.194	+11:49.39	30.23
129.	243	Sjoerd Oldenboom	Emmerich-Elten	-1	m	2	3:13:45	24:38	3:38:24.145	+11:56.35	30.21
130.	105	Benoit Gütz	Nijmegen	26	m	2	3:13:45	24:44	3:38:30.445	+12:02.65	30.20
131.	21	Koen de Vries	Zevenaar	54	m	2	3:12:42	25:48	3:38:31.162	+12:03.36	30.20
132.	31	Maurits Fornier	Amsterdam	31	m	2	3:13:45	24:55	3:38:40.920	+12:13.12	30.18
133.	236	Bas Seesing	s-Heerenberg	-1	m	2	3:13:46	24:55	3:38:41.420	+12:13.62	30.17
134.	3	Bas Suttorp	's-Heerenberg	37	m	2	3:12:47	26:06	3:38:54.144	+12:26.34	30.15
135.	218	Tommy Heijink	s-Heerenberg	-1	m	2	3:12:40	26:14	3:38:55.140	+12:27.34	30.14
136.	123	Henk Martens	Terborg	34	m	2	3:13:46	25:20	3:39:06.606	+12:38.81	30.12
137.	231	Jerry Weldam	Nieuwegeijn	-1	m	2	3:14:36	24:57	3:39:34.084	+13:06.28	30.05
138.	127	Menno van der Wal	De Meern	46	m	2	3:14:43	24:50	3:39:34.285	+13:06.49	30.05
139.	125	Ferry van Halem	De Meern	46	m	2	3:14:43	24:51	3:39:34.817	+13:07.02	30.05
140.	39	Dennis Maas	Raamsdonksve	35	m	2	3:14:14	25:24	3:39:38.820	+13:11.02	30.04
141.	81	Sjaak Koote	Nieuw	62	m	2	3:14:33	25:05	3:39:39.405	+13:11.61	30.04
142.	26	Peter Bal	Duiven	49	m	2	3:14:12	25:27	3:39:39.918	+13:12.12	30.04
143.	176	Jan Bakker	Leerdam	62	m	2	3:14:37	25:03	3:39:40.964	+13:13.16	30.04
144.	158	Edgar Striekwold	Doetinchem	29	m	2	3:13:45	26:21	3:40:06.905	+13:39.11	29.98
145.	126	Rutger Akkerman	De Meern	40	m	2	3:14:45	25:23	3:40:08.906	+13:41.11	29.97
146.	167	Martin Kasemir	Apeldoorn	30	m	2	3:13:18	26:51	3:40:09.566	+13:41.77	29.97
147.	95	Michaël Kuiper	Leeuwarden	56	m	2	3:14:41	25:57	3:40:38.699	+14:10.90	29.91
148.	101	Erik Verweij	Hoofddorp	56	m	2	3:14:43	26:03	3:40:47.057	+14:19.26	29.89
149.	90	Frank kuno Heller	Bochum (D)	59	m	2	3:14:43	26:06	3:40:50.400	+14:22.60	29.88
150.	188	Hilbert van der Burg	Est	52	m	2	3:15:18	25:32	3:40:51.160	+14:23.36	29.88
151.	191	Jos de Ridder	Beesd	60	m	2	3:14:58	26:00	3:40:58.906	+14:31.11	29.86
152.	93	Herman Kraus	Didam	74	m	2	3:15:22	26:18	3:41:40.479	+15:12.68	29.77
153.	9	John ter Haar	Aalten	39	m	2	3:15:00	26:40	3:41:40.920	+15:13.12	29.77
154.	75	Rut Koster	Stokkum	49	m	2	3:15:28	26:34	3:42:02.240	+15:34.44	29.72
155.	129	Marcel Elfvering	Zevenaar	54	m	2	3:14:35	27:29	3:42:04.748	+15:36.95	29.71
156.	146	Martijn van Buuren	s-Heerenberg	-1	m	2	3:14:33	27:32	3:42:06.718	+15:38.92	29.71
157.	145	Klaus Schwabe	s-Heerenberg	-1	m	2	3:15:36	26:30	3:42:06.890	+15:39.09	29.71

# 21e Henk Lubberding Classic

**21ste HENK  
LUBBERDING  
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## Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
158.	144	Marco Gregoor	s-Heerenberg	-1	m	2	3:14:33	27:33	3:42:06.899	+15:39.10	29.71
159.	216	Remco Spinhoven	Arnhem	-1	m	2	3:15:43	26:23	3:42:06.900	+15:39.10	29.71
160.	112	Andries Seegers	Nijmegen	31	m	2	3:16:33	25:35	3:42:08.278	+15:40.48	29.71
161.	111	Raoul van Herwijnen	Doetinchem	36	m	2	3:16:33	25:35	3:42:08.378	+15:40.58	29.71
162.	131	Justin Könnemann	Huissen	26	m	2	3:15:22	26:45	3:42:08.690	+15:40.89	29.71
163.	184	Bart van Geenen	Uift	54	m	2	3:16:36	26:26	3:43:03.342	+16:35.54	29.58
164.	149	Louis Wilms	Linne	54	m	2	3:16:10	27:19	3:43:29.770	+17:01.97	29.53
165.	241	Faso van Enden	Amsterdam	-1	m	2	3:15:29	28:05	3:43:35.041	+17:07.24	29.51
166.	58	Hans Porharst	Ede	59	m	2	3:16:19	27:23	3:43:42.870	+17:15.07	29.50
167.	233	Ben Kreeftenberg	s-Heerenberg	-1	m	2	3:16:05	27:49	3:43:55.570	+17:27.77	29.47
168.	96	Koen Arntz	Nijmegen	36	m	2	3:16:36	27:21	3:43:58.446	+17:30.65	29.46
169.	34	Johan Hiddink	Heelweg	62	m	2	3:16:44	27:15	3:44:00.393	+17:32.59	29.46
170.	114	Jan te Wechel	Apeldoorn	63	m	2	3:16:17	27:45	3:44:02.186	+17:34.39	29.45
171.	140	Peter Pasman	Doetinchem	26	m	2	3:16:33	27:31	3:44:04.992	+17:37.19	29.45
172.	19	Berry van den Berg	Arnhem	47	m	2	3:17:45	26:48	3:44:33.664	+18:05.86	29.39
173.	202	Ben Bruynseels	Mortgel	-1	m	2	3:17:52	26:47	3:44:39.583	+18:11.78	29.37
174.	43	Hugo Reesink	's Heerenberg	38	m	2	3:17:51	26:49	3:44:40.944	+18:13.14	29.37
175.	217	Jan Ottens	Voorhuizen	-1	m	2	3:17:48	26:54	3:44:42.944	+18:15.14	29.37
176.	245	Tom van Dick	Zevenaar	-1	m	2	3:17:51	26:52	3:44:44.491	+18:16.69	29.36
177.	183	Huub Smid	Appelscha	56	m	2	3:17:34	27:10	3:44:44.744	+18:16.94	29.36
178.	133	Stephen Könnemann	Doetinchem	29	m	2	3:16:48	28:15	3:45:04.524	+18:36.72	29.32
179.	178	Mart Horstik	Doetinchem	24	m	2	3:16:48	28:16	3:45:05.426	+18:37.63	29.32
180.	132	Robert Vermeulen	Bemmel	26	m	2	3:15:25	29:47	3:45:13.827	+18:46.03	29.30
181.	67	Martin Leussink	Ruurlo	47	m	2	3:17:53	27:59	3:45:53.084	+19:25.28	29.21
182.	12	Wouter Bikkel	Zutphen	43	m	2	3:17:51	28:07	3:45:59.111	+19:31.31	29.20
183.	230	Sebastian Heidtkamp	Essen	-1	m	2	3:19:08	27:55	3:47:03.913	+20:36.11	29.06
184.	42	Chris Bongers	Winterswijk	64	m	2	3:16:36	30:41	3:47:18.187	+20:50.39	29.03
185.	174	Ries Lit	De Meern	58	m	2	3:17:52	29:32	3:47:25.018	+20:57.22	29.02
186.	76	Ton de Wilde	Doesburg	63	m	2	3:19:08	28:16	3:47:25.500	+20:57.70	29.02
187.	13	Han Evers	's-Heerenberg	51	m	2	3:18:20	29:07	3:47:28.138	+21:00.34	29.01
188.	173	Maarten Jansen	Deventer	37	m	2	3:17:46	29:50	3:47:37.413	+21:09.61	28.99
189.	177	Stijn Koning	Nijmegen	25	m	2	3:18:51	30:16	3:49:07.400	+22:39.60	28.80
190.	44	Aart van Leeningen	Zutphen	73	m	2	3:18:52	31:02	3:49:55.379	+23:27.58	28.70
191.	35	Jan Kolthof	Neede	53	m	2	3:19:55	30:52	3:50:48.840	+24:21.04	28.59
192.	124	Koen Roes	Beek	38	m	2	3:20:06	30:52	3:50:58.818	+24:31.02	28.57
193.	60	Herman Gaertner	Zevenaar	56	m	2	3:20:25	30:45	3:51:10.958	+24:43.16	28.54
194.	15	Johan Smits	Made	52	m	2	3:20:23	31:05	3:51:28.889	+25:01.09	28.51
195.	56	Maarten Hengst	Arnhem	49	m	2	3:21:54	30:17	3:52:12.097	+25:44.30	28.42
196.	209	Jeroen Bongers	Apeldoorn	-1	m	2	3:19:11	33:40	3:52:52.029	+26:24.23	28.34
197.	208	Gouke Hylkema	Apeldoorn	-1	m	2	3:21:32	31:23	3:52:55.337	+26:27.54	28.33
198.	104	Rob Hoek	Den Haag	35	m	2	3:20:09	33:19	3:53:29.185	+27:01.39	28.26
199.	23	Jasper Fritzsche	Amsterdam	31	m	2	3:21:06	32:52	3:53:59.154	+27:31.35	28.20
200.	32	Randy Lozekoot	Elst	39	m	2	3:23:42	30:27	3:54:10.300	+27:42.50	28.18
201.	10	Krijn Vis	Heelweg	52	m	2	3:22:49	31:29	3:54:19.189	+27:51.39	28.16

# 21e Henk Lubberding Classic

**21ste HENK  
LUBBERDING  
CLASSIC**

## Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
202.	194	Edwin te Booij	s-Heerenberg	-1	m	2	3:22:59	31:26	3:54:25.300	+27:57.50	28.15
203.	82	Evelien Toutenhoofd	Breda	38	m	2	3:22:59	31:26	3:54:25.535	+27:57.74	28.15
204.	77	Albert Dreher	Breda	40	m	2	3:23:00	31:35	3:54:36.100	+28:08.30	28.13
205.	33	Bert Bos	Pijnacker	60	m	2	3:24:16	30:25	3:54:41.915	+28:14.12	28.12
206.	204	Harry Longenberg	s-Heerenberg	-1	m	2	3:20:23	34:20	3:54:44.775	+28:16.98	28.11
207.	108	Hans Matla	Braamt	50	m	2	3:24:15	30:29	3:54:44.816	+28:17.02	28.11
208.	74	Thomas Kingma	Duiven	60	m	2	3:23:18	31:30	3:54:48.998	+28:21.20	28.10
209.	119	Volkmar König	Olsberg (D)	60	m	2	3:24:07	30:41	3:54:49.376	+28:21.58	28.10
210.	30	Harrie Meesters	Rijswijk Zh	71	m	2	3:24:17	30:33	3:54:50.918	+28:23.12	28.10
211.	57	Willem Poelstra	Burgh-Haamste	67	m	2	3:24:17	30:34	3:54:52.691	+28:24.89	28.09
212.	41	Niels van Berkum	Zelhem	34	m	2	3:24:03	30:51	3:54:54.600	+28:26.80	28.09
DNF	71	Tim Berends	Eerbeek	28	m	1	3:11:50		DNF	1 LAP	
DNF	86	Joris Bloem	Doetinchem	25	m	1	3:12:18		DNF	1 LAP	
DNF	109	Michiel Konijn	Amsterdam	37	m	0			DNF		
DNF	117	Roel Tinneveld	Zevenaar	30	m	0			DNF		
DNF	134	Wilco Lodewijks	Doetinchem	25	m	0			DNF		
DNF	180	René Evers	Doetinchem	55	m	0			DNF		
DNF	201	Frans Heijneman	Oud-zevenaar	-1	m	0			DNF		
DNS	4	Reggie Teerlink	Arnhem	50	m	0			DNS		
DNS	6	Jeroen Heusinkveld	Dinxperlo	33	m	0			DNS		
DNS	7	Mathijn ter Haar	Aalten	36	m	0			DNS		
DNS	22	Thijs Verkerk	's-Heerenberg	37	m	0			DNS		
DNS	24	Harry Duys	Molenhoek	57	m	0			DNS		
DNS	27	Marcel Hogerhorst	Arnhem	55	m	0			DNS		
DNS	29	Frans Robben	Uift	48	m	0			DNS		
DNS	36	Jack van Alten	Doetinchem	47	m	0			DNS		
DNS	37	Ronald Evers	Uift	52	m	0			DNS		
DNS	49	Luuk Timmermans	Arnhem	37	m	0			DNS		
DNS	50	Hans Boom	Nieuw Heeten	58	m	0			DNS		
DNS	52	Danny Wibier	Valburg	45	m	0			DNS		
DNS	53	Hans Boom	Nieuw Heeten	58	m	0			DNS		
DNS	55	Mark van Dijk	Duiven	52	m	0			DNS		
DNS	59	Henk Kapper	Zutphen	65	m	0			DNS		
DNS	61	Tijs van Bezeij	Schoorl	46	m	0			DNS		
DNS	62	Martijn Knobben	Lemelerveld	35	m	0			DNS		
DNS	63	Joost Volkers	Schoorl	44	m	0			DNS		
DNS	66	Bart De Lange	Elst	40	m	0			DNS		
DNS	80	Willem van der Vliet	Pijnacker	67	m	0			DNS		
DNS	83	Mike van Berlo	Oosterhout	26	m	0			DNS		
DNS	99	Marco Bouten	Den Haag	49	m	0			DNS		
DNS	118	Theo Walburg	Krimpen Ad	60	m	0			DNS		
DNS	153	Minnard Berkhof	Vriezenveen	-1	m	0			DNS		
DNS	169	Tom Bussink	Gendringen	23	m	0			DNS		
DNS	190	Edwin Baars	Doetinchem	49	m	0			DNS		

# 21e Henk Lubberding Classic

**21ste HENK  
LUBBERDING  
CLASSIC**

## Result List MF

Pl	Nr	Name	City	Age	m/f	Laps	Lp1	Lp2	Time	Gap	Speed
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DNF: Niet gefinished

DNS: Niet gestart

Aantal: 260